The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.Medica.com/SelectPolicies-24 or call 1-866-269-6806. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-866-269-6806 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<b>\$7,500</b> individual / <b>\$15,000</b> family for <u>network</u> services. There is no coverage for non-network services.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive care</u> and preventive prescriptions from <u>network</u> <u>providers</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	<b>\$9,400</b> individual / <b>\$18,800</b> family for <u>network</u> services. There is no coverage for non-network services.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.Medica.com/SearchSelectNetwork-24</u> or call 1-866-269-6806 (TTY: 711) for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Primary care: \$50 <u>copay</u> /visit. <u>Deductible</u> does not apply. Retail health clinics: \$20 <u>copay</u> /visit. <u>Deductible</u> does not apply. Spinal manipulation: \$50 <u>copay</u> /visit. <u>Deductible</u> does not apply.	Not covered	50% <u>coinsurance</u> for other outpatient services. Primary care visits provided at an outpatient facility may be subject to <u>coinsurance</u> and <u>deductible</u> .
provider's office or clinic	<u>Specialist</u> visit	\$100 <u>copay</u> /visit. <u>Deductible</u> does not apply.	Not covered	None
	Preventive care/ screening/immunization	No charge. <u>Deductible</u> does not apply.	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	50% coinsurance	Not covered	None
If you have a test	Imaging (CT/PET scans, MRIs)	50% coinsurance	Not covered	*May require prior authorization.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
f you need drugs to treat rour illness or condition Arrone information about	Generic drugs	Preferred Generic: \$25 copay/prescription. Deductible does not apply. Generic: \$25 copay/prescription. Deductible does not apply.	Not covered	Up to a 34-day supply per prescription. *May require prior authorization. For preferred retail, \$50 copay, for non-preferred retail and <u>specialty drugs</u> , \$100 copay for orally-administered cancer treatment medications. <u>Deductible</u> does not apply. Proton pump inhibitors
prescription drug coverage is available at www.Medica.com/ KSDrugList-24	Preferred brand drugs	\$50 copay/prescription	Not covered	(except for members 12 years of age and younger, and those members who have a feeding tube) and non-sedating antihistamines are not covered. Insulin: Your cost-share will
	Non-Preferred brand drugs	\$100 copay/prescription	Not covered	covered. Insulin: Your cost-share will not exceed \$25 per retail prescription unit. *Refer to the Exceptions to the Drug List section of your Policy of Coverage for more details. No
	Specialty drugs	\$500 copay/prescription	Not covered	Coverage for more details. No charge for preventive drugs.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	50% coinsurance	Not covered	*May require prior authorization.
surgery	Physician/surgeon fees	50% coinsurance	Not covered	*May require prior authorization.
	Emergency room care	50% coinsurance	50% coinsurance	Network deductible applies.
K	Emergency medical transportation	50% coinsurance	50% coinsurance	Network deductible applies.
If you need immediate medical attention	Urgent care	\$75 <u>copay</u> /visit. <u>Deductible</u> does not apply.	\$75 <u>copay</u> /visit. <u>Deductible</u> does not apply.	If a non-network <u>provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference ( <u>balance billing</u> ).
lf have a haan its later.	Facility fee (e.g., hospital room)	50% coinsurance	Not covered	*May require prior authorization.
If you have a hospital stay	Physician/surgeon fees	50% coinsurance	Not covered	*May require prior authorization.

		What Y		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$50 <u>copay</u> /visit. <u>Deductible</u> does not apply.	Not covered	50% <u>coinsurance</u> for other outpatient services. Other outpatient services include intensive outpatient programs, diagnostic evaluations and psychological testing. *May require prior authorization.
	Inpatient services	50% coinsurance	Not covered	*May require prior authorization.
	Office visits	Prenatal: 50% <u>coinsurance</u> Postnatal: 50% <u>coinsurance</u>	Not covered	Cost sharing does not apply to network preventive services.
If you are pregnant	Childbirth/delivery professional services	50% coinsurance	Not covered	Depending on the type of services, <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services	50% coinsurance	Not covered	ultrasound).
	Home health care	50% coinsurance	Not covered	*May require prior authorization.
	Rehabilitation services	Outpatient physical, occupational, speech therapy: \$50 <u>copay</u> /visit. <u>Deductible</u> does not apply. Other outpatient <u>Rehabilitation</u> <u>services</u> : 50% <u>coinsurance</u>	Not covered	Speech therapy limited to 90 visits/year. This visit limit does not apply to services for treatment of autism spectrum disorder.
If you need help recovering or have other special health needs	Habilitation services	Outpatient physical, occupational, speech therapy: \$50 <u>copay</u> /visit. <u>Deductible</u> does not apply. Other outpatient <u>Habilitation</u> <u>services</u> : 50% <u>coinsurance</u>	Not covered	None
	Skilled nursing care	50% coinsurance	Not covered	*May require prior authorization.
	Durable medical equipment	50% coinsurance	Not covered	*May require prior authorization.
	Hospice services	50% coinsurance	Not covered	None

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's eye exam	\$50 <u>copay</u> /visit. <u>Deductible</u> does not apply.	Not covered	Coverage limited to end of month member turns 19.
If your child needs dental or eye care	Children's glasses	50% coinsurance	Not covered	Limited to three pairs of glasses/year and one pair of contacts/year to end of month member turns 19. *Refer to the Vision section of your Schedule of Payments for more details.
	Children's dental check-up	Not covered	Not covered	Coverage is available through a stand-alone dental policy.

# **Excluded Services & Other Covered Services:**

<ul> <li>Abortion, elective, induced, except as medically necessary to protect the life of the mother</li> <li>Acupuncture</li> <li>Bariatric surgery</li> <li>Cosmetic surgery</li> <li>Dental care (Adult)</li> </ul>	<ul> <li>Dental care (Child) (coverage is available through a stand-alone dental policy)</li> <li>Dental check-up</li> <li>Hearing aids</li> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	<ul> <li>Routine eye care (Adult)</li> <li>Routine foot care except for some conditions</li> <li>Weight loss programs</li> </ul>
Other Covered Services (Limitations may apply to th	ese services. This isn't a complete list. Please see your	plan document.)
Infertility treatment	Private-duty nursing	Spinal manipulation services

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Medica at 1-866-269-6806 or the Kansas Insurance Department, 1300 SW Arrowhead Road, Topeka, KS 66604, 785-296-3071 or 1-800-432-2484. Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Medica at 1-866-269-6806 or the Kansas Insurance Department, 1300 SW Arrowhead Road, Topeka, KS 66604, 785-296-3071 or 1-800-432-2484.

#### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-592-8211. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-592-8211. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-888-592-8211. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-592-8211.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

# About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal care ar delivery)	nd a hospital	Managing Joe's Type 2 Diabet (a year of routine in-network care of a we condition)	<b>es</b> Il-controlled	Mia's Simple Fracture (in-network emergency room visit and foll	ow up care)
The <u>plan's</u> overall <u>deductible</u>	\$7,500	The <u>plan's</u> overall <u>deductible</u>	\$7,500	The <u>plan's</u> overall <u>deductible</u>	\$7,500
Specialist copayment	\$100	Specialist copayment	\$100	Specialist copayment	\$100
<ul> <li>Hospital (facility) <u>coinsurance</u></li> </ul>	<b>50%</b>	Hospital (facility) <u>coinsurance</u>	<b>50%</b>	Hospital (facility) <u>coinsurance</u>	<b>50%</b>
Other <u>coinsurance</u>	50%	Other <u>coinsurance</u>	50%	Other <u>coinsurance</u>	50%
This EXAMPLE event includes services <u>Specialist</u> office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services	IINC.	This EXAMPLE event includes services <u>Primary care physician</u> office visits ( <i>includi</i> <i>education</i> )		This EXAMPLE event includes services Emergency room care (including medical s Diagnostic test (x-ray)	
<u>Diagnostic tests</u> (ultrasounds and blood we <u>Specialist</u> visit (anesthesia)	·	<u>Diagnostić tests</u> (blood work) <u>Prescription drugs</u> (glucose meter)		Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Diagnostic tests (ultrasounds and blood wo	ork) \$12,700	Diagnostic tests (blood work) Prescription drugs (glucose meter) Total Example Cost	\$5,600	Durable medical equipment (crutches)	\$2,800
<u>Diagnostic tests</u> (ultrasounds and blood we <u>Specialist</u> visit (anesthesia)	·	Prescription drugs (glucose meter)	\$5,600	Durable medical equipment (crutches) Rehabilitation services (physical therapy)	\$2,800
Diagnostic tests (ultrasounds and blood we Specialist visit (anesthesia) Total Example Cost	·	Prescription drugs (glucose meter) Total Example Cost	\$5,600	Durable medical equipment (crutches)         Rehabilitation services (physical therapy)         Total Example Cost	\$2,800
Diagnostic tests (ultrasounds and blood we Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay:	·	Prescription drugs (glucose meter) Total Example Cost In this example, Joe would pay:	<b>\$5,600</b> \$1,100	Durable medical equipment (crutches)         Rehabilitation services (physical therapy)         Total Example Cost         In this example, Mia would pay:	\$ <b>2,800</b> \$2,600
Diagnostic tests (ultrasounds and blood we Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing	\$12,700	Prescription drugs (glucose meter)         Total Example Cost         In this example, Joe would pay:         Cost Sharing		Durable medical equipment (crutches)         Rehabilitation services (physical therapy)         Total Example Cost         In this example, Mia would pay:         Cost Sharing	
Diagnostic tests (ultrasounds and blood we Specialist visit (anesthesia)         Total Example Cost         In this example, Peg would pay:         Cost Sharing         Deductibles	\$12,700 \$7,500	Prescription drugs (glucose meter)         Total Example Cost         In this example, Joe would pay:         Cost Sharing         Deductibles	\$1,100	Durable medical equipment (crutches)         Rehabilitation services (physical therapy)         Total Example Cost         In this example, Mia would pay:         Cost Sharing         Deductibles	\$2,600
Diagnostic tests (ultrasounds and blood we Specialist visit (anesthesia)         Total Example Cost         In this example, Peg would pay:         Cost Sharing         Deductibles         Copayments	\$12,700 \$7,500 \$10	Prescription drugs (glucose meter)         Total Example Cost         In this example, Joe would pay:         Cost Sharing         Deductibles         Copayments	\$1,100	Durable medical equipment (crutches)         Rehabilitation services (physical therapy)         Total Example Cost         In this example, Mia would pay:         Cost Sharing         Deductibles         Copayments	\$2,600 \$200
Diagnostic tests (ultrasounds and blood we Specialist visit (anesthesia)         Total Example Cost         In this example, Peg would pay:         Cost Sharing         Deductibles         Copayments         Coinsurance	\$12,700 \$7,500 \$10	Prescription drugs (glucose meter)         Total Example Cost         In this example, Joe would pay:         Cost Sharing         Deductibles         Copayments         Coinsurance	\$1,100	Durable medical equipment (crutches)         Rehabilitation services (physical therapy)         Total Example Cost         In this example, Mia would pay:         Cost Sharing         Deductibles         Copayments         Coinsurance	\$2,600 \$200

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

#### Discrimination is Against the Law

Medica complies with applicable Federal civil rights laws and will not discriminate against any person on the basis of race, color, national origin, age, disability or sex. Medica:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as: TTY communication and written information in other formats (large print, audio, other formats).
- Provides free language services to people whose primary language is not English, such as: Qualified interpreters and information written in other languages.

If you need these services, call the number included in this document or on the back of your Medica ID card. If you believe that Medica has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Coordinator, Mail Route CP250, PO Box 9310, Minneapolis, MN 55443-9310, 952-992-3422 (phone/fax), TTY 711, civilrightscoordinator@medica.com.

You can file a grievance in person or by mail, fax, or email. You may also contact the Civil Rights Coordinator if you need assistance with filing a complaint.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

# If you want free help translating this information, call the number included in this document or on the back of your Medica ID card.

Si desea asistencia gratuita para traducir esta información, llame al número que figura en este documento o en la parte posterior de su tarjeta de identificación de Medica.

Yog koj xav tau kev pab dawb kom txhais daim ntawv no, hu rau tus xov tooj nyob hauv daim ntawv no los yog nyob nraum qab ntawm koj daim npav Medica ID.

如果您需要免費翻譯此資訊,請致電本文檔中或者在您的Medica ID卡背面包含的號碼。

Nếu quý vị muốn trợ giúp dịch thông tin này miễn phí, hãy gọi vào số có trong tài liệu này hoặc ở mặt sau thẻ ID Medica của quý vị.

Odeeffannoo kana gargaarsa tolaan akka isinii hiikamu yoo barbaaddan, lakkoobsa barruu kana keessatti argamu ykn ka dugda kaardii Waraqaa Eenyummaa Medica irra jiruun bilbila'a.

اذاكنت تريدمساعدة مجانبة في ترجمة هذه المعلومات, فاتصل على ألرقم الوارد في هذه الوثيقة أو على ظهر بطاقة تعريف ميديكا الخاصة بك.

Если Вы хотите получить бесплатную помощь в переводе этой информации, позвоните по номеру телефона, указанному в данном документе и на обратной стороне Вашей индентификационной карты Medica.

່ ຖ້າທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອໃນການແປຂໍ້ມູນນີ້ຟຣີ, ໃຫ້ໂທຫາເລກໜາຍ ທີ່ມີຢູ່ໃນເອກະສານນີ້ ຫຼື ຢູ່ດ້ານຫຼັງຂອງບັດ Medica ຂອງທ່ານ. 이 정보를 번역하는 데 무료로 도움을 받고 싶으시면, 이 문서에 포함된 전화번호나 Medica ID 카드 뒷면의 전화번호로 전화하십시오.

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နမ့်၊အဲဉ်ိဳးတဂ်ကိုးထံစၢၤကလီနှုန်းတင်္ဂုတ်ကို၊အံၤလ၊အကလီနှဉ်,ကိုးလီတဲစိနီဉ်င်္ဂလ၊အပဉ် ယှာ်လ၊လ်ာတီလံာမီအပူ၊အံၤမ့တမ့၊ဖဲနန္နနိုင်ခလော်အုဉ်သးဓးက့အလို၊ခံတကပၤအဖိခ်ဉ်နှဉ်တက္ဂါ.

Kung nais mo ng libreng tulong sa pagsasalin ng impormasyong ito, tawagan ang numero na kasama sa dokumentong ito o sa likod ng iyong Kard ng Medica ID.

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Ako želite besplatnu pomoć za prijevod ovih informacija, nazovite broj naveden u ovom dokumentu ili na poleđini svoje ID kartice Medica.

Díí t'áá jíík'e shá ata' hodoonih nínízingo éí ninaaltsoos Medica bee néího'dílzinígí bine'déé' námboo biká'ígíjji béésh bee hodíilnih.

Wenn Sie bei der Übersetzung dieser Informationen kostenlose Hilfe in Anspruch nehmen möchten, rufen Sie bitte die in diesem Dokument oder auf der Rückseite Ihrer Medica-ID-Karte angegebene Nummer an.