The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.Medica.com/SelectPolicies-2023 or call 1-866-269-6806. For general definitions of common terms, such as allowed amount, balance billing, consurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-866-269-6806 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 for <u>network</u> services. There is no coverage for non-network services.	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your <u>deductible</u> ?	Yes.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$0 for <u>network</u> services. There is no coverage for non-network services.	This plan does not have an out-of-pocket limit on your expenses.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges and health care this plan doesn't cover.	This <u>plan</u> does not have an <u>out-of-pocket limit</u> on your expenses.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.Medica.com/SearchSelectNetwork-2023</u> or call 1-866-269-6806 (TTY: 711) for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical Event		What You Will Pay			
	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No charge	Not covered	none	
	Specialist visit	No charge	Not covered	none	
	Preventive care/ screening/immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	No charge	Not covered	none	
n you have a test	Imaging (CT/PET scans, MRIs)	No charge	Not covered	*May require prior authorization.	
If you need drugs to treat	Generic drugs	No charge	Not covered	Up to a 34-day supply per prescription. *May require prior authorization. Proton pump inhibitors (except for members 12	
your illness or condition More information about	Preferred brand drugs	No charge	Not covered	years of age and younger, and those members who have a feeding tube) and	
prescription drug coverage is available at www.Medica.com/	Non-Preferred brand drugs	No charge	Not covered	non-sedating antihistamines are not covered. Insulin: Your cost-share will not exceed \$25 per retail prescription unit.	
KSDrugList-2023	Specialty drugs	No charge	Not covered	exceed \$25 per retail prescription unit. *Refer to the Exceptions to the Drug List section of your Policy of Coverage for more details. No charge for preventive drugs.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge	Not covered	*May require prior authorization.	
surgery	Physician/surgeon fees	No charge	Not covered	*May require prior authorization.	
	Emergency room care	No charge	No charge	none	
If you need immediate	Emergency medical transportation	No charge	No charge	none	
medical attention	Urgent care	No charge	No charge	If a non-network <u>provider</u> charges more than the <u>allowed amount</u> , you may have to pay the difference (<u>balance billing</u>).	

* For more information about limitations and exceptions, see the plan or policy document at www.Medica.com/SelectPolicies-2023.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions & Other Important Information	
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	Not covered	*May require prior authorization.	
n you nave a nospital stay	Physician/surgeon fees	No charge	Not covered	*May require prior authorization.	
If you need mental health, behavioral health, or	Outpatient services	No charge	Not covered	*May require prior authorization.	
substance abuse services	Inpatient services	No charge	Not covered	*May require prior authorization.	
	Office visits	No charge	Not covered	*May require prior outparization Maternity	
If you are pregnant	Childbirth/delivery professional services	No charge	Not covered	*May require prior authorization. Maternity care may include tests and services described elsewhere in the SBC (i.e.	
	Childbirth/delivery facility services	No charge	Not covered	ultrasound).	
	Home health care	No charge	Not covered	*May require prior authorization.	
If you need belo	Rehabilitation services	No charge	Not covered	Speech therapy limited to 90 visits/year. This visit limit does not apply to services for treatment of autism spectrum disorder.	
If you need help recovering or have other special health needs	Habilitation services	No charge	Not covered	none	
special nearth needs	Skilled nursing care	No charge	Not covered	*May require prior authorization.	
	Durable medical equipment	No charge	Not covered	*May require prior authorization.	
	Hospice services	No charge	Not covered	none	
	Children's eye exam	No charge	Not covered	Coverage limited to end of month member turns 19.	
If your child needs dental or eye care	Children's glasses	No charge	Not covered	Limited to three pairs of glasses/year and one pair of contacts/year to end of month member turns 19. *Refer to the Vision section of your Schedule of Payments for more details.	
	Children's dental check-up	Not covered	Not covered	Coverage is available through a stand-alone dental policy.	

Excluded Services & Other Covered Services:

 *Abortion, elective, induced, except as medically necessary to protect the life of the mother Acupuncture Bariatric surgery Cosmetic surgery Dental care (Adult) 	 Dental care (Child) (coverage is available through a stand-alone dental policy) Dental check-up Hearing aids Long-term care Non-emergency care when traveling outside the U.S. 	 Routine eye care (Adult) Routine foot care except for some conditions Weight loss programs
Other Covered Services (Limitations may apply to the	ese services. This isn't a complete list. Please see your	plan document.)
Infertility treatment	Private-duty nursing	Spinal manipulation services

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Medica at 1-866-269-6806 or the Kansas Insurance Department, 1300 SW Arrowhead Road, Topeka, KS 66604, 785-296-3071 or 1-800-432-2484. Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Medica at 1-866-269-6806 or the Kansas Insurance Department, 1300 SW Arrowhead Road, Topeka, KS 66604, 785-296-3071 or 1-800-432-2484.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Not Applicable. If your plan doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-592-8211. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-592-8211. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-592-8211. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-592-8211.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care a delivery)	and a hospital	Managing Joe's Type 2 Diabete (a year of routine in-network care of a well condition)	es l-controlled	Mia's Simple Fracture (in-network emergency room visit and follo	ow up care)
The <u>plan's</u> overall deductible	\$0	The <u>plan's</u> overall deductible	\$0	The <u>plan's</u> overall deductible	\$0
Specialist coinsurance	0%	Specialist coinsurance	0%	Specialist coinsurance	0%
 Hospital (facility) <u>coinsurance</u> 	0%	 Hospital (facility) <u>coinsurance</u> 	0%	 Hospital (facility) <u>coinsurance</u> 	0%
Other <u>coinsurance</u>	0%	Other <u>coinsurance</u>	0%	Other <u>coinsurance</u>	0%
This EXAMPLE event includes services <u>Specialist</u> office visits (<i>prenatal care</i>) Childbirth/Delivery Professional Services	s like:	This EXAMPLE event includes services I <u>Primary care physician</u> office visits (<i>includin</i> <i>education</i>) Dispersion tests (<i>bland</i> work)		This EXAMPLE event includes services Emergency room care (including medical s Diagnostic test (x-ray)	
<u>Diagnostic tests</u> (ultrasounds and blood w <u>Specialist</u> visit (anesthesia)		Diagnostić tests (blood work) Prescription drugs (glucose meter) Total Example Cost	\$5.600	Durable medical equipment (crutches) Rehabilitation services (physical therapy) Total Example Cost	\$2.800
Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood w</i> <u>Specialist</u> visit (<i>anesthesia</i>) Total Example Cost In this example, Peg would pay:	vork) \$12,700	Diagnostic tests (blood work) Prescription drugs (glucose meter) Total Example Cost In this example, Joe would pay:	\$5,600	Durable medical equipment (crutches) Rehabilitation services (physical therapy) Total Example Cost In this example, Mia would pay:	\$2,800
Diagnostic tests (ultrasounds and blood w Specialist visit (anesthesia) Total Example Cost		Prescription drugs (glucose meter) Total Example Cost	\$5,600	Rehabilitation services (physical therapy) Total Example Cost	\$2,800
Diagnostic tests (ultrasounds and blood w Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay:		Prescription drugs (glucose meter) Total Example Cost In this example, Joe would pay:	\$5,600	Total Example Cost In this example, Mia would pay:	\$ 2,800
Diagnostic tests (ultrasounds and blood w Specialist visit (anesthesia) Total Example Cost In this example, Peg would pay: Cost Sharing	\$12,700	Prescription drugs (glucose meter) Total Example Cost In this example, Joe would pay: Cost Sharing		Total Example Cost In this example, Mia would pay: Cost Sharing	
Diagnostic tests (ultrasounds and blood w Specialist visit (anesthesia) Total Example Cost n this example, Peg would pay: Cost Sharing Deductibles	\$12,700 \$0	Prescription drugs (glucose meter) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles	\$0	Rehabilitation services (physical therapy) Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles	\$0
Diagnostic tests (ultrasounds and blood w Specialist visit (anesthesia) Total Example Cost n this example, Peg would pay: Cost Sharing Deductibles Copayments	\$12,700 \$0 \$0	Prescription drugs (glucose meter) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles Copayments	\$0 \$0	Rehabilitation services (physical therapy) Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments	\$0
Diagnostic tests (ultrasounds and blood w Specialist visit (anesthesia) Total Example Cost n this example, Peg would pay: Cost Sharing Deductibles Copayments Coinsurance	\$12,700 \$0 \$0	Prescription drugs (glucose meter) Total Example Cost In this example, Joe would pay: Cost Sharing Deductibles Copayments Coinsurance	\$0 \$0	Rehabilitation services (physical therapy) Total Example Cost In this example, Mia would pay: Cost Sharing Deductibles Copayments Coinsurance	\$0

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

Discrimination is Against the Law

Medica complies with applicable Federal civil rights laws and will not discriminate against any person on the basis of race, color, national origin, age, disability or sex. Medica:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as: TTY communication and written information in other formats (large print, audio, other formats).
- Provides free language services to people whose primary language is not English, such as: Qualified interpreters and information written in other languages.

If you need these services, call the number included in this document or on the back of your Medica ID card. If you believe that Medica has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Coordinator, Mail Route CP250, PO Box 9310, Minneapolis, MN 55443-9310, 952-992-3422 (phone/fax), TTY 711, civilrightscoordinator@medica.com.

You can file a grievance in person or by mail, fax, or email. You may also contact the Civil Rights Coordinator if you need assistance with filing a complaint.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

If you want free help translating this information, call the number included in this document or on the back of your Medica ID card.

Si desea asistencia gratuita para traducir esta información, llame al número que figura en este documento o en la parte posterior de su tarjeta de identificación de Medica.

Yog koj xav tau kev pab dawb kom txhais daim ntawv no, hu rau tus xov tooj nyob hauv daim ntawv no los yog nyob nraum qab ntawm koj daim npav Medica ID.

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Nếu quý vị muốn trợ giúp dịch thông tin này miễn phí, hãy gọi vào số có trong tài liệu này hoặc ở mặt sau thẻ ID Medica của quý vị.

Odeeffannoo kana gargaarsa tolaan akka isinii hiikamu yoo barbaaddan, lakkoobsa barruu kana keessatti argamu ykn ka dugda kaardii Waraqaa Eenyummaa Medica irra jiruun bilbila'a.

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Если Вы хотите получить бесплатную помощь в переводе этой информации, позвоните по номеру телефона, указанному в данном документе и на обратной стороне Вашей индентификационной карты Medica.

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